

**How to reach us before, during, and after an emergency.**

Developmental Disabilities Services  
835 Pride Drive, Suite B  
Hammond, LA 70401  
Tel. 985-543-4730  
Fax 985-543-4817

Rosenblum Behavioral Health Clinic  
835 Pride Drive, Suite B  
Hammond, LA 70401  
Tel. (985) 543-4730  
Fax (985) 543-4817

Mandeville Behavioral Health Clinic  
900 Wilkinson Street  
Mandeville, LA 70448  
Tel. (985) 624-4450  
Fax (985) 624-4461

Slidell Behavioral Health Clinic  
2331 Carey Street  
Slidell, LA 70458  
Tel. (985) 646-6406  
Fax (985) 646-6460

Bogalusa Behavioral Health Clinic  
400 Georgia Avenue  
Bogalusa, LA 70427  
Tel. (985) 732-6610  
Fax (985) 732-6626

Denham Springs Behavioral Health Clinic  
1951 Florida Avenue SW, Suites D & E  
Denham Springs, LA 70726  
Tel. (225) 665-0473  
Fax (225) 665-0283

**FPHSA Emergency and After Hours Phone #s**

**1-855-268-1091 or 211**

Form number: 340.9.2; Rev.: 2023-2024

# My Access-to-Services Plan for when Emergencies Strike!

(version 2024-25)



**FLORIDA PARISHES  
HUMAN SERVICES AUTHORITY**

*Lighting the Path Forward for Livingston, St. Helena, St. Tammany, Tangipahoa, Washington Parishes.*

Ver. 2024-2025 (Hurricane Season: 6/1/24 - 11/30/24)

# Table of Contents

My plan for getting meds/shots.....	1
Weather events .....	2
Hurricanes .....	2
Floods .....	4
Getting my meds during/after emergency.....	5
Reaching FPHSA.....	6

## Resources I may need before, during and after an emergency!

Community Services: <https://www.211.org/>

Or dial 211 (Housing, food, transportation, etc.)

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FEMA: <https://www.disasterassistance.gov/>

1-800-323-8603 (TTY 1-844-889-4357)

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DSNAP/disaster supplemental Nutrition ASSISTANCE Program:

<http://www.dcf.louisiana.gov/page/360>

1-888-524-3578 between 7:30 AM and 6:00 PM

**Dial 988 for the Suicide and Crisis Lifeline**

## Getting my medications and injection AFTER an emergency hits

FPHSA will alert you of office closures through notices on the website (<http://www.fphsa.org>), through local TV and radio stations, and on social media

(<https://www.facebook.com/fphsa.lightingthepathforward/>)

Your treatment team will call, email, or text you to check in and see how FPHSA can help.

Please answer the following questions for your treatment team member:

- Where are you located today?
- What do you need help with?

Medication, injection, crisis counseling, other?

**Medications:** During and after the emergency, you can bring your pill bottle to any pharmacy for a one-time refill. **(Call your clinic or crisis number for Suboxone and other controlled substances.)**

**Injections:** During and after the emergency, call the crisis number. As soon as State and Local authorities say it is safe to do so, FPHSA will open some sites to manage persons served injection needs. You may need to come to a clinic closest to where you are, so it may not be your regular clinic location. We want to make this safe and convenient for you.

## **CRISIS/EMERGENCY NUMBERS:**

**Dial 988 for the Suicide and Crisis Lifeline**

**ALL FPHSA SERVICES: 1-855-268-1091 or 211**

Updates: [www.fphsa.org](http://www.fphsa.org)

<https://www.facebook.com/fphsa.lightingthepathforward/>

## Floods

Flooding is a temporary overflow of water onto land that is normally dry. Floods are the most common natural disaster in the United States. Failing to evacuate flooded areas or entering flood waters can lead to injury or death.

Floods may:

- Result from rain, snow, coastal storms, storm surges and overflows of dams and other water systems.
- Develop slowly or quickly. Flash floods can come with no warning.
- Cause outages, disrupt transportation, damage buildings, and create landslides.



### If you are under a flood warning:

1. Find safe shelter right away.
2. Do not walk, swim, or drive through flood waters.  
**TURN AROUND, DON'T DROWN!**
3. Remember, just 6 inches of moving water can knock you down, and one foot of moving water can sweep your vehicles away.
4. Stay off bridges over fast moving water.
5. Depending on type of flooding:
  - a) Evacuate if you are told to
  - b) Move to higher ground or a higher floor

**Secure all medication in a plastic bag or container and keep with you.**

## My Plan:

Getting my medications and injection  
**BEFORE** an emergency hits.

## Medications



**Collect all your medication bottles and store in one place.**

**Be sure to have at least 7 days left in each bottle.**

**Get refills for any medications that are running out.**

## Injections



**Call the clinic if you are scheduled for a shot within the next 7 days.**

**My clinic number \_\_\_\_\_**

**My Prescriber's name \_\_\_\_\_**

**If you have less than 7 days' medication and cannot get to a clinic for a refill, once the Governor declares a state of emergency, you can bring your pill bottle to any pharmacy for a one-time refill. (Call the clinic for Suboxone and other controlled substances.)**

# Weather Events

## Hurricanes

Hurricanes are not just a coastal problem. Rain, wind, water, even tornadoes could happen far inland from where a hurricane or tropical storm makes landfall.

### Shelter in Place Safely Plan:

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery
- Masks (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces
- **Prescription medications (GO TO PAGE 1)**
- **Non-prescription medications.**
- **Prescription eyeglasses and contact lens solution**

- **Infant formula, bottles, diapers, wipes, and diaper rash cream**
- **Pet food and extra water for your pet**
- **Cash or traveler's checks**
- **Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container**
- **Sleeping bag or warm blanket for each person**
- **Complete change of clothing appropriate for your climate and sturdy shoes**
- **Fire extinguisher**
- **Matches in a waterproof container**
- **Feminine supplies and personal hygiene items**
- **Mess kits, paper cups, plates, paper towels and plastic utensils**
- **Important documents such as ID, license, and insurance card.**

### Evacuation Plan: (Bring everything in bold with you!)

1. Where will you go if the storm is between you and Texas?

\_\_\_\_\_

2. Where will you go if the storm is between you and Mississippi or Alabama? \_\_\_\_\_

3. Contact info: Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Address: \_\_\_\_\_

4. How will you get there? \_\_\_\_\_