## How to get assistance!

Rosenblum Behavioral Health Clinic Tel. (985) 543-4730

Mandeville Behavioral Health Clinic Tel. (985) 624-4450

Slidell Behavioral Health Clinic Tel. (985) 646-6406

Bogalusa Behavioral Health Clinic Tel. (985) 732-6610

Denham Springs Behavioral Health Clinic Tel. (225) 665-0473

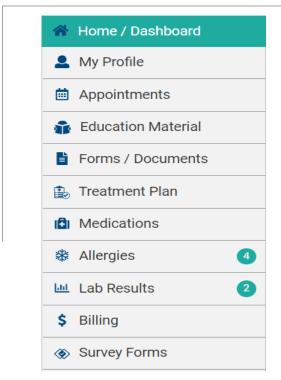
Residential Services Tel. (985) 624-4100

## **4 Steps to Access Your Medical Records**

- 1. Choose an email address
- 2. Look for email from FPHSA
- 3. Follow instructions to set up portal access
- 4. Choose a user ID and PW and safeguard it

# My Medical Record Portal







# **Frequently Asked Questions**

## 1. Why Should I Set Up My Portal?

## YOUR PORTAL PUTS YOU IN CONTROL!

- You have access to your records 24/7/365!
- You do not need to fill out forms/make calls for your medical information!
- You can request and have forms sent to you!
- You can have access to your medication list while standing in line at the pharmacy!
- You can share your information with whom you want and when you want to share it!
- You can find answers and ask questions about your care: medications, treatment plan, etc.
- You can verify upcoming appointments and have a history of past appointments.
- You can identify who your treatment team is!
- You can monitor your billing.

## 2. How can I tell if I have the capability to access the portal?

## IF YOU USE SOCIAL MEDIA, YOU CAN ACCESS!

- You can use your portal on any computer, laptop, tablet, smart phone, etc. when it is connected to the internet!
- Verify that you have Wi-Fi or a hotspot!

## 3. What if I have no data/internet plan?

#### FIND A LOCATION WITH INTERNET CONNECTIVITY

- Public library
- Your church/recreation department
- Many businesses have public Wi-Fi

#### Other resources:

 The Affordable Connectivity Program (ACP) is a government program that helps families pay for internet connected devices. Please apply at:

https://www.affordableconnectivity.gov/

 For a list of providers who participate in the discount program in Louisiana, visit:

https://cnm.universalservice.org/

Welcome to your Patient Portal